



## SWAN RIVER FIRST NATION

P.O. Box 270  
Kinuso, Alberta  
T0G 1K0



Phone: (780) 775-3536 Fax: (780) 775-3796

January 12, 2021

For the health and safety of the nation and in cooperation with the Swan River Emergency Management Team and the Swan River First Nation Staff, Chief and Council have never stopped functioning as a legislative body for the Nation and have met this pandemic head-on with compassion and a sense of duty for those who are and may be affected by COVID-19. We are focused on limiting the spread of the virus, but also wanting to ensure that business continuity remains as uninterrupted as possible during this time.

**SWAN RIVER FIRST NATION OFFICE, DAYCARE AND  
CONSULTATION WILL BE PARTIALLY OPENED FROM  
9:00 - 1:00 pm, MONDAY - FRIDAY.  
ANY NEW INFO WILL BE ON THE WEBSITE OR MAILED.**

Please call the office if needed:

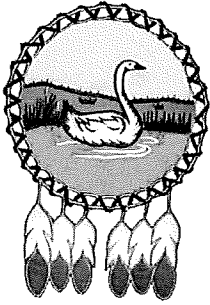
- Masks, gloves or sanitizer
- Emergency management

The Isolation Centre is located in the back of the band hall for those needing to isolate outside of the home. \*Please note that this is for the healthy individuals needing to isolate, we will assist those people with groceries as needed.

**\*\*Health Centre: 780-775-3544**

- Staff will be at the Health Centre to answer phone calls from **9:00 am – 1:00pm Monday -Friday**
- Any appointments that require referral can still be arranged with [Trisha Davis @ 780-805-6404](mailto:Trisha.Davis@780-805-6404)
- The Medical cab will be providing transportation to appointments
- Psychologist Rupinder Bains is taking phone and in-office appointments to assist any children and youth or caregivers of children and youth during this stressful time. Appointments can be made through the Health Centre.

**PLEASE CHECK THE WEBSITE FOR UPDATES AT  
[swanriverfirstnation.com](http://swanriverfirstnation.com)**



## Swan River First Nation School

Box 120

Kinuso, Alberta Canada.

T0G 1K0

(780) 775-2177

(780) 775-2155 (Fax)

Email: [charlene.hunt@srfn.ca](mailto:charlene.hunt@srfn.ca)

January 12<sup>th</sup>, 2021

The Swan River First Nation School will remain open at this time with in-school learning for students in Kindergarten to Grade 6. Any changes will be posted on The Swan River First Nation School Facebook page and Families will be notified. Please contact the school if you have any questions at (780)775-2177.

In the Spirit of Education,

Charlene Hunt- Principal: Swan River First Nation School.

## **BEND THE CURVE**

Due to Alberta's high case numbers, aggressive action is still required to protect our health system from being overwhelmed.

The current situation is still critical. These mandatory restrictions apply provincewide and will be in place at least until January 21, 2021.

Health officials actively continue to evaluate the situation and will adjust measures if required. Businesses, organizations and service providers will be given at least 1 week notice prior to changes to the current health measures that may affect them.

## **ENFORCEMENT**

If you violate a public health order, you may be subject to a \$1,000 fine. Additionally, you can be prosecuted for up to \$100,000 for a first offense.

If you are concerned someone is not following public health orders, you can:

- remind them that not following orders is against the law and puts people at risk
- request service from AHS public health inspectors online or call 1-833-415-9179

### **• Indoor and outdoor social gatherings**

*Mandatory restriction – Provincewide – Effective Dec. 8*

All indoor and outdoor social gatherings – public and private – are prohibited

- Close contacts are limited to household members only
- People who live alone can have up to 2 close contacts:
  - must be the same two contacts throughout the duration of the restriction
  - if the close contacts do not live alone, visits cannot be held at their home

- single parents who only live with their children under 18 are permitted to have up to 2 close contacts

This does not apply to:

- co-parenting arrangements
- service visits from caregivers, health or childcare providers
- home maintenance and repairs
- mutual support group meetings

## **WHAT ELSE YOU SHOULD DO**

Albertans must continue following existing public health measures to keep everyone safe:

- Stay 2 metres apart when you can, wear a mask when you can't
- Practice good hygiene: wash your hands often and cover coughs and sneezes
- Monitor your symptoms every day
- If sick, stay home, get tested, and follow mandatory isolation requirements while waiting for results:
  - if positive, isolate from others for 10 days or until symptoms are gone, whichever is longer
  - if negative, stay home until you're better
- Avoid non-essential travel
- Get the flu shot to keep influenza cases low so health workers can focus on the COVID-19 pandemic
- Download and use the ABTraceTogether contact tracing app when out in public

## **Working from home**

- *Mandatory - Provincewide - Effective Dec. 13*
- Working from home is mandatory unless the employer requires a physical presence for operational effectiveness.

## **January 2021 return to school**

- Students in grades K-12, as well as children in early childhood services programs, return to in-person learning on January 11, 2021.
- We are working closely with health experts and education partners to make sure schools are safe during the COVID-19 pandemic.
- Information to help parents and students have a safe school year can be found at [K-12 learning during COVID-19](#).

## **Child care**

*No change to current measures*

Licensed daycare, out-of-school and preschool program can continue operating as long as providers follow all public health orders and [guidance for child care programs](#).